

## Services provided by professionals

- Psychiatry
- Group Therapy
- Nursing Services
- Activity Therapy
- Education
- Psychological Testing
- Discharge Planning
- Music Therapy
- Medication Management

## Evidence-Based Treatment & Intervention

- Trauma
- Depression
- Anxiety
- Substance Use
- Behavior Challenges
- Transition Issues
- Relationship Concerns

All services can be accessed by calling Prairie St. John's Needs Assessment Department at 701-476-7216.

# Mental Health and Substance Use Services for all ages



Prairie St. John's offers a full psychiatric and substance use Continuum of Care for all ages including:

- Inpatient Hospitalization
- Day Programs
- Substance Use Residential
- Outpatient and Clinic Services

Offering Hope and Healing for 20+ Years to Individuals facing behavioral Health and Substance Use challenges.



510 4th Street South • Fargo, ND 58103  
701.476.7216 • Toll Free 877.333.9565

## INPATIENT PROGRAMS

### Adult Inpatient Hospitalization

We provide acute stabilization for both psychiatric and substance use issues. Our psychiatric services address depression, anxiety, bi-polar disorder, and schizophrenia. For those in need of substance use treatment, our inpatient level of care provides individuals with necessary medication and medical supervision. Groups provide patients with an introduction to recovery and the opportunity to understand the joy of becoming healthy.

### Child/Adolescent Inpatient Hospitalization

A highly supervised and structured environment stabilizes children and adolescents suffering from psychiatric and substance use issues. The program involves group, family and activity therapy.

## OUTPATIENT PROGRAMS

### Adult Day Treatment Program (Partial Hospitalization)

This program provides a full day of therapeutic activities. Groups are designed to help patients identify and clarify problems as well as gain confidence when facing substance use or mental health issues.

### Child/Adolescent Day Treatment Program (Partial Hospitalization)

The child/adolescent program focuses on practical solutions for problems related to family, school and peers. Children and adolescents are taught skills to manage symptoms and triggers for mood, behavioral and substance use problems. This program runs Monday through Friday.

### Intensive Outpatient Programs

This program provides the opportunity to focus on substance use treatment issues

as the routine of daily life is resumed. This program runs in the evenings during the week.

### Clinic Services

Outpatient clinic appointments can be scheduled for children, adolescents and adults. Services include diagnostic assessments, psychological testing, medication management, therapy for individuals, couples, families, and group counseling.

## RESIDENTIAL PROGRAMS

### High Intensity Residential

High Intensity Residential Treatment for substance use is similar to inpatient treatment for substance use in that it is based on a 24-hour a day, 7-days a week treatment model. Treatment in High Intensity is very structured and incorporates a number of different professionals and therapeutic modalities. High Intensity programming arms residents with strategies to maintain long-term sobriety.

### Low Intensity Residential

Low Intensity Residential for substance use is for those who are able to operate in a less structured setting. Patients receive treatment while pursuing clinical, vocational, educational and community activities. It allows for extended protection from the toxic influence of substance exposure, problematic or substance-filled environments, or the cultures of substance-involved or anti-social behaviors.

Help is here...



Get Back To Life  
PRAIRIE ST. JOHN'S™