### **Needs Assessment** & Referral Center

# How to Access Prairie St. John's full Continuum of Care.

Prairie offers a full "Continuum of Care." Our services are designed to make psychiatric and chemical dependency care available at different levels of need.

### It starts with a phone call.

When you or someone you love or care about is experiencing emotional, behavioral or substance abuse problems, it's hard to know what to do. That's why Prairie offers a free Needs Assessment to help you determine what is needed and what the next step should be.

**To Schedule a Free Needs Assessment** (24 hours a day, 7 days a week) call 701.476.7216 • 877.333.9565.

What is a Needs Assessment? A Needs Assessment is a systematic way of looking at what your needs are and then recommending and referring you to appropriate services. When you first call Prairie, a Needs Assessment staff member answers your call and asks you a few questions to determine how to best schedule your Needs Assessment. During your scheduled time, a Needs Assessment Counselor, trained in mental health, visits with you.

Based on the information obtained during your assessment, you may be referred to Inpatient Hospitalization, Partial Hospitalization, Residential, Intensive Outpatient or Clinic Services. Referral to intensive services is done in consultation with our on-call psychiatrist. If recommended, services may be provided by Child, Adolescent or Adult Psychiatrists, Psychologists, Master Level Therapists, Social Work Therapists or Licensed Addiction Counselors. Forensic and Addictions Psychiatry services are also available. You and your family are involved in deciding which type of service is the most appropriate for you.

## **Conditions Treated**

Prairie St. John's Offers Hope and Healing for children, adolescents and adults Suffering from Psychiatric Conditions and Addictions.



#### These may include:

Depression

Suicidal thoughts or actions

**Bipolar Disorder** 

Alcoholism

Substance Abuse and Dependence

**Anxiety Disorders** 

Stress

Schizophrenia

Sexual, physical or emotional abuse

**Family Conflict** 

Grief

Other emotional and behavioral disorders

#### **Continuum of Care**

Prairie St. John's provides a continuum of psychiatric and addiction treatment services including Inpatient, Partial Hospital Programs, Residential, Intensive Outpatient Programs and Clinic Services.

Fargo, ND 701.476.7216

**Toll Free** 877.333.9565

